

PRE & POST MICRODERMABRASION INSTRUCTIONS



Here are a few pre and post procedure instructions that will help you achieve best results with microdermabrasion

PRE-MICRODERMABRASION INSTRUCTIONS

- 1 to 2 weeks prior to microdermabrasion treatment client should avoid waxing or tanning the skin area or areas that will be receiving microdermabrasion.
 - Do not engage in any laser treatments one month before and one month after your treatment.
 - Do not use sun tanning or tanning creams for at least 7 days before treatment.
 - Stop using products Retin-A or other exfoliating creams 48 hours (2 days) prior to your treatment.
 - Use only the skin care products which is recommended by your specialist to avoid possible complications
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POST-MICRODERMABRASION INSTRUCTIONS

You can resume your daily activities or return to work immediately. Mineral makeup may be applied following a treatment.

- Do not scratch, pick, peel or scrub treated area.
 - Do not directly expose the treated area in the sun for at least 1 week after treatment to prevent 'UV' rays from damaging your skin which slow down the recovery.
 - Follow all post-microdermabrasion home care product recommendations as instructed by your Technician.
 - Avoid using beta hydroxy, alpha hydroxy, glycolic, benzyl peroxide, retinol or topical acne medicines for 3 days before and after treatment.
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